

The Relaxed Guide to Victory Lap

Show Name: VICTORY LAP

Date of Show: 3rd, 4th, 5th, 7th and 8th of October

Relaxed Session: Monday 7th

Duration: 45 MINUTES

+ Introduction

Approx 50 Minutes

Location: Main Gallery Space

Artemisia Gallery + Event Space

248 High St

Windsor, 3181



Contents Page

What to Expect	3
What to Expect - Continued	3
How to get there	5
The Venue	6
The Front of the Venue.....	6
The Box Office/Entry.....	7
The Outdoor Courtyard + Foyer Space.....	8
The Stage	8
The Performers	10
Content Advice	12
Feedback	12



What to Expect

For this specific presentation on **Monday 7th of October**, you can expect the following features to be available:

Feature	What this Entails	Included	Additional Comments
Consultation with a member of the neurodivergent arts community	<p>A member of the arts community who identifies as neurodivergent has been consulted to assess the work and provide feedback on any necessary changes for it to be considered a Low Sensory experience.</p> <p>This person must have experience in low sensory performance practice; they may be internal or external to the team.</p>	Y	
Low sensory translation of the performance lighting	<p>The lighting for the show is augmented to be a low sensory version of a standard showing.</p> <p>It is encouraged that the original experience of the show is preserved through these changes.</p>	Y	We will put in place softer stage and foyer lighting for this session
Low sensory translation of the performance Sound	<p>The sound for the show is augmented to be a low sensory version of a standard showing.</p> <p>It is encouraged that the original experience of the show is preserved through these changes.</p>	Y	We will allocate an area of seating away from the speaker for use by those with auditory sensitivity
Addition of the house lights at a low level	<p>The house lights are left on at an “airplane at night-time” level.</p> <p>The exact level should be agreed upon by the creative team and consultant.</p>	Y	
Open door policy	No lock out, people can come and go as they please.	Y	
Walkaround policy	People can rock, stim, hum, pace, change seats, and come/go as they need/please.	Y	



What to Expect - Continued

Feature	What this Entails	Included	Additional Comments
Open phone policy	Audience can use support devices during the performance. Recording is discouraged.	Y	
Event facilitation by a member of the neurodivergent arts community	The performance day in question is overseen by an arts professional with lived experience of, and connection with, the neurodivergent community. They will oversee the process, giving FOH staff a briefing, introducing the show to the audience, and being on hand to assist with any incidents related to sensory overwhelm.	Y	
Confirmed available Quiet Room	A quiet room is available for patrons to use at their discretion. This room should be set up in line with advice from a neurodivergent consultant.	-	In lieu of a dedicated quiet space we are able to provide a “low-capacity” zone. This area is accessible from the main event space and is aimed to provide a low-stimulus space to decompress in the fresh air.
Extra FOH staff for the event day	1-2 extra staff should be included to help deliver this specific performance. Staff who have training and/or experience with neurodiversity preferred.	Y	We will have an additional FOH staff member present
Capped tickets	75-85% of total seats available, to be agreed upon between the consultant and the creative team.	Y	The seating area will also be adjusted to allow for more personal space



How to get there

Artemisia Gallery & Event Space is a dark green coloured building with a big front window, located on High St in Windsor.

TRAM & WALKING

- Take the no. 6: Melbourne University – Glen Iris and get off at stop 32 – Bangs St/Hornby St and cross the road.
- Take the no. 78: North Richmond – Balaclava via Prahran and get off at stop 45 – High Street. Then walk 250m down High Street.

TRAIN & WALKING

- Take the Sandringham line train (from Flinders St, Richmond or South Yarra station towards Sandringham) and get off at Windsor Station.
- Walk north on Chapel Street in the direction of Richmond and turn right onto High Street. Then walk 250m down High Street.

CAR PARKING

- Limited parking is available on the street.
- A multi-storey car park is located at 8-14 King Street, Prahran a couple of blocks away from the gallery.
- Be careful to obey signs when parking on-street as ticket inspectors frequent the area



The Venue

Artemisia Gallery & Event Space is a long skinny building with an outdoor courtyard at the back. There is a small entryway with a front desk, and the main gallery room is in the middle of the space. There will be chairs and staging set up in the main gallery room. The bathrooms are located outside in the courtyard, in the back-right-corner next to the bar.

The Low Capacity Zone is accessible from the main gallery room.

The Front of the Venue





The Box Office/Entry





The Outdoor Courtyard + Foyer Space







The Stage





The Performers

Actor Name + Headshot	Character/ Costume Shot
<p data-bbox="203 466 779 571">Adam Marks Lead Actor. Adam will be solo-performing the play as the character <i>Billy</i></p> 	
<p data-bbox="203 1327 406 1369">Molly Simpson</p>	<p data-bbox="824 1327 1380 1482">Voice Actor and Model. Molly will be playing the character <i>Christie</i>, who you will see in projections. You will also hear Molly's voice in the audio.</p>



Content Advice

This work contains exploration and discussion of some potentially triggering themes:

- *Grief, Death and Loss: the main character Billy speaks about his experiences of different kinds of grief in losing a close friend, his uncle and father. The work also explores the grief of losing community and sense of self.*
- *Suicide, Suicidal Ideation and Self-Injury: a big part of the main character's journey is their relationship to suicidal ideation and living with these thoughts and feelings. The secondary character dies by suicide and the emotional ramifications of this are explored via the main character Billy.*
- *These are recurring themes throughout the play.*

The production design contains the following elements:

- *projection of an ocean scene, interspersed with clips of the secondary character*
- *audio of the secondary character*
- *audio of ocean and wave sounds*
- *small recorded music elements (cello)*



Feedback

- o Producer Alistair Ward: alistair@pansyprod.com
- o Director and Writer Mashaka Gunnulson: mashaka@pansyprod.com