

Shower Thots

Access Pack



Melbourne Fringe Festival and the cast and crew of *Shower Thots* respectfully acknowledge the Traditional Owners of the land on which we live, work, play and hold our Festival and events. We pay our respects to the people of the Kulin Nations and all Aboriginal and Torres Strait Islander Elders past and present.

Shower Thots - 14 October - 21 October 8:00pm
Melbourne Fringe Festival runs from Thursday 5 October - Sunday 22 October

This Access Pack is current as of **6 October 2023**. More information will be added as the creative team of *Shower Thots* comes closer to a final version of the work. If you'd like to receive an updated Access Pack immediately prior to the performance season, you can request this by emailing jonathan@jonathanhomsey.com or ashleighbwalwyn@gmail.com.

Table of Contents

LOCATIONS.....	3
DATES AND TIMES.....	3
Length.....	3
Age Recommendation.....	3
VENUE ACCESS INFORMATION:.....	3
Wheelchair Access.....	3
Assistance Dogs.....	3
Getting To Melbourne City Baths.....	3
Parking.....	3
ACCESS IN SHOWER THOTS.....	4
Accessible seats.....	4
Auslan.....	4
Sensory Friendly Performances.....	4
Seating.....	5
Warnings.....	5
The Stage.....	5
THE SHOW.....	6
Synopsis.....	6
Performers.....	6
Show Details.....	6
CONTACT US.....	8

LOCATIONS

This production of Shower Thots will be performed at Melbourne City Baths which is located at 420 Swanston St, Melbourne, VIC, 3000.

DATES AND TIMES

Saturday 14th October - 8:00pm

Saturday 21st October - 8:00pm

Length

Shower Thots runs for 75 minutes with no interval.

Age Recommendation

Shower Thots is designed for adults and has a strict MA15+ rating.

VENUE ACCESS INFORMATION:

Wheelchair Access

This venue is wheelchair accessible. Wheelchair accessibility via a laneway that was formerly Franklin St.

Please phone before entering so an attendant will come to open.

This venue has toilets which are accessible for wheelchair users.

Assistance Dogs

Guide and assistance dogs are welcome at Melbourne City Baths. Water bowls will be available.

Getting To Melbourne City Baths

If arriving by public transport the closest train station is Melbourne Central which is a 400 metres (approximately 5 minute) walk to Melbourne City Baths.

The closest tram stop is on the corner of Queensberry Street and Swanston Street and 130 metres from Melbourne City Baths.

Entrance to the building will be via stairs on Swanston Street.

Parking

Limited parking is available in the streets adjacent to the venue and is paid parking.

ACCESS IN SHOWER THOTS

Accessible seats

There are 6 wheelchair spots per performance (plus a caregiver). Wheelchair users must watch the show next to the pool for best sightlines.

Auslan

Auslan is integrated within elements of the choreography, however the entire performance is not Auslan interpreted.

Sensory Friendly Performances

A Sensory Friendly performance takes steps towards creating a safe and welcoming environment for neurodiverse people or people with sensory and/or neurological differences, but it does not meet all the requirements of a Relaxed Performance. It does remind the viewer that the interaction with the performance is consensual.

Every performance endeavours to be sensory friendly for non-aquatic ticket holders
This performance will involve these elements:

- Audience members will be able to move around, and to stimulate and engage in other self-calming activities in the theatre space.
- Upper level Audience members will be able to come and go from the theatre as they need – the doors to the theatre will remain unlocked during the performance.
- Front of House staff will be assigned to ensure the environment is welcoming and safe for your needs.

Seating

There is unallocated seating on the upper level which will have audience members looking down from above at the performance, and will be in a half circle around the performance space. For the 21st performance, there is an Auslan interpreter who will be stationed upstairs.

Aquatic seating is also available. Aquatic ticket holders will form the Shower Thots choir, and be in the pool for the performance, at a maximum depth of 1.5 metres. All Aquatic Ticket Holders are required to be at the venue 30 minutes before the show, at 7:30pm, to get changed and receive a safety briefing. Any Aquatic Ticket Holders who arrive after 7:40pm will not be admitted to the pool. There is a non-binary change room via the accessible toilets. Aquatic Ticket Holders will leave their towels in the designated 'Dry Zone' at the side of the pool. There are 3 specific times within the show that Aquatic Ticket Holders can leave the pool if they wish to dry off. They will then watch the remainder of the show from the 'Dry Zone'.

Warnings

Shower Thots contains sustained bright lights and uses live instruments to create sound, including a piano and talkbox. There will be moments of sustained low sound created by the performer's voice and some sustained noise created by appliances.

There are moments of audience participation and interaction within the show, but are infrequent and low pressure.

The smell of chlorine will be present in the space.

The themes of the show include self harm or suicide, drug references, mental health, and COVID-19/coronavirus.

There will be instances when the performer is in the swimming pool, however will remain separate from Aquatic Ticket Holders in the pool.

The Stage

The performance takes place around the pool area, with most action occurring on the pool deck or the shower area set back from the pool. The performer will also be in the pool for a short portion of the show. Musicians will be situated on the pool deck, with Aquatic Ticket Holders watching from the pool.

THE SHOW

Synopsis

Shower Thots (a social slang for That 'Ho' Over There) is a time capsule of hypothetical intimate hygienic episodes. Set at the iconic Melbourne City Baths, this dance expands the stereotypes of shower thoughts. Shower Thots gives a private view into Bobbi's bathroom. Bobbi is looking for relief and celebration while living alone through Naarm's lockdowns. Bobbi swings between states of sensual bliss, perpetual suspension, and hopeless submersion. Bobbi's only company are their shower thoughts, a series of non-linear realisations, sung by a choir of select audience from inside the pool.

Performers

14 October

Karlee Luna Misipeka (she/her)

21 October

Jayden Wall (he/him)

Band

Gala Hingston - Vocalist

Adam Rudegear - Pianist/Composer

Consultants

Karen Taranto - Participation and Choral

Dillon Webster - Set and Design

Jo Lloyd -Outside Choreographic Eye

Crew

Jonathan Homsey - Choreographer

Ashleigh Walwyn - Production Manager

Erin Quonoey - Production Coordinator

Show Details

The following portion of the guide goes into detail about the sights, sounds and story you will experience whilst attending Shower Thots.

If you would like these things to remain a surprise you are welcome to skip this portion of the guide

Shower Thots is about Bobbi. Bobbi uses they/them pronouns. Bobbi is looking for relief and celebration while living alone through Naarm's lockdowns. Bobbi's only company are their shower thoughts, a series of non-linear realisations, sung by aquatic ticket holders. Shower Thots is seen in episodes, with each episode being one day in the bathroom. The audience is led through the Perpetual Pause of being on hold with Centrelink, the inside of Bobbi's brain with their shower thoughts and their realisations while they are practicing good hygiene.

14 April 2020

- Welcome - Bobbi's relaxing in the tub, the tub is the pool. If you have purchased an aquatic seat you will be looking at Bobbi from the pool, you can not speak to Bobbi. During this there will be improvised piano played in the space.
- Bobbi will be brushing their teeth in time to music.
- An aquatic seat holder will be asked to flip a shower thought forward. This shower thought affects the performance as it is improvised.
- Bobbi gets cleaned up, there is strong use of the colour green.

30 August 2020

- Bobbi loves Whitney. Not Bobbi Brown but this Bobbi is who is in the bathroom. There is a content warning about drug abuse.
- Bobbi's skin needs to rejuvenate. While they are on hold waiting for a Centrelink payment they will gua sha their face. Gua Sha is a chinese form of acupressure using a tool to massage and alleviate fluid build up in the face.
- An aquatic seat holder will be asked to flip a shower thought forward. This shower thought affects the performance as it is improvised.
- Bobbi lives alone. They feel lonely. They yearn to touch another person. This dance is about that desire.

16 July 2021

- Bobbi is trying to get the COVID Emergency Income Support Payments. The hold time is a few hours. They are gonna squeeze in a workout.
- An aquatic seat holder will be asked to flip a shower thought forward. This shower thought affects the performance as it is improvised.
- A song emerges from a deep and dark place within Bobbi's psyche. They are trying to piece themselves together after becoming disheveled. There is a content warning around mental health for this section.

21 October 2021

- Bobbi is exhausted. Bobbi is going to Centrelink one last time they got COVID last week and they are trying to get the emergency \$750. They will float in their bath while they wait.
- An aquatic seat holder will be asked to flip a shower thought forward. This shower thought affects the performance as it is improvised. There is a warning for loud noises as the entire Shower Thoughts choir will flip different shower thoughts in succession of each. Overlapping sounds and noises will occur.
- Bobbi enters the shower stumped. Trying to wash away the confusion, the thoughts swirl in their head. The answer comes in the most simple moment of letting go and Eureka.

29 October 2021

- COVID restrictions are lifting. Bobbi is gonna go outside and have a first date with someone they met online. They are excited. It is time for them to get ready.
- Bobbi is dressed. It is time to leave the bathroom for good. There will be moments where the entire audience can cheer and clap.

CONTACT US

Jonathan is happy to receive any enquiries about Shower Thots or about accessibility of the performance or of the Melbourne City Baths building. Please email jonathan@jonathanhomsey.com