

# **I'M READY TO TALK NOW**

## **ACCESSIBILITY RESOURCE PACK**

Prepared by Kaite Head

**VENUE:** Fringe Hub - The Temple  
54 Victoria St, Carlton VIC 3053

### **DATES:**

18th - 21st of October, running every 25 minutes from  
5:10pm - 8:15pm & 22nd of October running every 25  
minutes from 4:10pm - 7:15pm.

Audience will only be allowed to enter space at their  
allocated performance time.

Prior to the show we ask that everyone attending fill out this  
[form](#)

**RUN TIME:** 20 minutes

### **CONTACT US**

If you have any concerns or would like to ask questions prior to the  
performance please contact the producer Kaite (she/her).

E | [Kaitehead@gmail.com](mailto:Kaitehead@gmail.com)

## VENUE INFORMATION

### Getting to Trades Hall

- Trades Hall is located on the corner of Lygon and Victoria Streets, Carlton. Enter via Lygon Street. Google Map Link [HERE](#)
- You can view a Melbourne CBD mobility map [HERE](#)
- You can find audio-visual instructions on getting to Trades Hall from Melbourne Central Station [HERE](#)

### Public Transport

There are three public transport options from the Melbourne CBD to Common Rooms – train, tram and bus, you can plan your journey using the [Public Transport Victoria website](#).

#### Train

Trades Hall is located 800 metres from Melbourne Central train station. Exit at Swanston Street/La Trobe Street and make your way East up La Trobe Street. Turn left at Russell Street, and continue to Victoria Street, when Russell Street becomes Lygon Street. Trades Hall is on the corner of Victoria Street and Lygon Street.

#### Bus

Trades Hall is around a 15-minute bus trip from Melbourne CBD. Catch the 907 Bus from Swanston and Lonsdale Streets. Bus 907 is a Smart Bus – accessible for wheelchairs and mobility scooters.

#### Tram

Catch the number 30 and City Circle trams East along La Trobe Street. Alight at corner Russell and Swanston and walk north on Russell Street. Continue to Victoria Street, when Russell Street becomes Lygon Street. Trades Hall is on the corner of Victoria Street and Lygon Street. These trams are not accessible for wheelchair or mobility scooters, nor are there accessible stops along La Trobe Street.

## Parking

There are a number of street car parks outside Trades Hall on Victoria Street, including an accessible parking bay. [Lygon Street carpark](#) is a short walk from Trades Hall – located at 204 – 218 Lygon Street.

## Venue Images

### Outside of Trades Hall



Image Description:  
Trades Hall viewed from across the road. A large beige building, with a pointed triangle roof and two turret features either side. Construction scaffolding is two thirds up on the left turret. A tree obscures the right turret. On the roof are three flags – the

Aboriginal flag, the Torres Strait islander flag and a red flag which is a symbol of the international Labor movement. The building has eight pillars in the centre – representing the eight hour day. There are long thin rectangle windows up high, and arch windows either side of a large arch doorway with a dark green door below the rectangle windows. Several cars are parked on the street on front of the building.



**Image Description:** Close up of part of the Lygon Street frontage of Trades Hall. Arch windows are set into beige exterior walls. There are 5 beige pillars that are set into the concrete steps. Next to the pillars is a grassy area with an iron fence. The footpath is grey concrete.



**Image Description:** An external mobility lift. A metal cubed lift sits between two beige pillars. The lift's metal is slightly transparent. The front door section is low, and the back section is double the height of the front.

Directions for use on the next page.

## **Mobility Lift Instructions.**

### **Going Up.**

1. **Call Lift / Open Door.** Press & hold the down button till it illuminates red. Lift door will open automatically.
2. **Close door.** Press and Hold the UP Button till it illuminates red. Lift door will close automatically.
3. **To operate Lift from inside.** Press and hold the up button until the lift completely ascends. Lift Door will open automatically.
4. **To Operate Lift from outside.** Press and hold the up button until it illuminates red. Lift will ascend and door will open automatically.
5. **Close Door.** Door will close automatically after a few moments. But can be closed by pressing the down button till it illuminates red.

### **Going Down.**

1. **Call Lift / Open Door.** Press & hold the UP button till it illuminates red. Lift door will open automatically.
2. **Close door.** Press and Hold the Down Button till it illuminates red. Lift door will close automatically.
3. **To operate Lift from inside.** Press and hold the DOWN button until the lift completely ascends. Lift Door will open automatically.
4. **To Operate Lift from outside.** Press and hold the DOWN button until it illuminates red. Lift will ascend and door will open automatically.
5. **Close Door.** Door will close automatically after a few moments. But can be closed by pressing the UP button till it illuminates red.





**Image Description:** The concrete entry at the top of Trades Hall Lygon Street steps, and entry/exit of the external mobility lift. The entry of the mobility lift, one side of the metal cube, as described in image 2. Metal railing is on the right hand of the steps, connecting to one of the beige pillars at a right angle (the pillar is out of view). On the left is a beige external wall. A green double door is at the top of the steps. These will be open during Festival time. A spherical white light is above the doors, and it's framed with an arch detail on the external wall.

## Inside Trades Hall



### **Image Description:**

The interior of Trades Hall. To the right is an ascending staircase, with a wooden rail on the wall. To the left is a corridor which turns right. A dark door is at the end of the corridor. The top two thirds of the walls are beige, with a green feature between the wooden skirting board and frieze. A

floral-patterned frieze curves around the wall and runs along it. The floor is dark green. Lights hang from the ceiling.



### **image Description:**

Internal corridors. The corridor facing the viewer has a closed brown door with glass windows, and a number 2 in the centre. Next to the door is a small stretch of wall. The top two thirds of the wall is beige, with a dark green feature between the wooden skirting board and a frieze. A

floral-patterned frieze runs horizontally along the centre of the wall between the beige and green. The floor is green. The wall is broken up by the rectangular archway leading to an adjacent corridor.

## Accessible Toilet Near The Temple



**Image Description:** An internal corridor with greyish walls, green floors and doorways on the left. One doorway is the entrance to an accessible toilet – a silver and blue sign with a wheelchair symbol is on the wall, indicating its purpose. The next doorway is partially in view – it's open, and part of a yellow wet floor sign is resting on the inside edge of the doorway. At the end of the corridor are some double doors, that are open, and through the doors is further green floor and open space.



**Image Description:** A closeup of the accessible toilet door. The walls are greyish, and the door is taupe. The door has four horizontal vents at the bottom. On the wall is a silver sign with two black symbols that depict people standing, and a white and blue wheelchair symbol. “Unisex toilet LH” is in bold black text below the symbols, and braille is below the text. The floor is green.





**Image Description:** The inside of the accessible toilet. A toilet with a grey seat and white backrest is in the right corner of the room. Silver metal railings are along the wall parallel to the toilet, and adjacent to the toilet cistern. Below the railing adjacent to the cistern is a blue sanitary bin. A roll of toilet paper is on the wall next to the toilet, and a spare roll sits on the railing. The floor has dark grey tiles. A drain is on the floor. The walls are greyish.



**Image Description:** Alternate view of the accessible toilet. There is a sink on the wall, with a silver tap and container of handwash on the basin and a mirror is above the sink.

## Elevator at Fringe Common Rooms:



**Image Description:** The outside of an internal lift. It has silver doors. A silver button is on the left side. The walls around the lift are greyish and the floor is green. Text above the button to call the lift reads 'Do not use lift if there is a fire.'



**Image Description:** the inside of a lift. There is green protective fabric on the walls. The wall of buttons to choose a level is partially in view.

## The Temple - Performance Space



**Image Description:** Inside of The Temple from the hallway. The floors are green and it has white walls. There are two windows in the room that will be covered for the performance.



**Image Description:** The inside of The Temple from the back wall.

## PERFORMER IMAGE / SHOW DESCRIPTION



Oliver Ayres (He/Him) is the creator and only performer in *I'm Ready To Talk Now*.

The show is an experimental one on one piece about disability and hospitalisation. This story is semi autobiographical and uses Oliver's own experience to guide you through the narrative. Since this show is done through Oliver's lens it also discusses his journey as a transgender man. All audio from the show will be through bluetooth headphones that the audience can change the volume of at any time through the performance.

This show has 4 main components - Welcoming you into the venue, a story told through pre recorded audio with projection playing at various intervals, strong music with gentle movement, and Oliver saying goodbye to the audience once the main performance is over.

This show is completely adaptable based on the your needs. The space can be made brighter and the sound can be turned down. Audio description and captions are also available. You can also be provided with a blanket and / or a sensory toy during this performance. To help us provide you with the best possible experience we ask that you fill out this [form](#).



## CONTENT WARNINGS

- Discussion/Exploration of Disability
- Discussion/Exploration of Physical & Mental Health
- Discussion/Exploration of Ableism
- Discussion/Exploration of Hospitals
- Mentions of Food
- Drug References
- Strong Medical Themes

More Detailed Content Descriptions (contains spoilers):

### Discussion/Exploration of Disability, Physical / Mental Health and Ableism.

For the first 5 minutes of the show there is a pre-recorded audio of Oliver speaking (this will be captioned for any audience that requires it) about his experience of first being diagnosed with disability and his journey through it. In this audio he talks about his autoimmune disease and his experience in hospital.

### Mentions of Food

In the audio played within the first 5 minutes of the show Oliver discusses his inability to eat due to illness and the effect that had on his body.

### Hospitals & Strong Medical Themes

The show is set inside a hospital room which is achieved with set, sound & projection. For the performance you sit in a hospital chair facing a shower chair that sits behind a screen while some sound motifs of living in a hospital play. The sounds may include: beeping, distant voice, the drone of machines, knocking and nurses voices. There may be visuals of a real hospital room that Oliver lived in projected onto the screen you're facing.

## **SUPPORT RESOURCES**

### *24 Hour Support Lines:*

Beyond Blue | 1300 22 4636

Lifeline | 13 11 14

Head To Health | 1800 595 212

### *Websites - All Ages:*

Head To Health

[www.headtohealth.gov.au](http://www.headtohealth.gov.au)

Blue Knot Foundation - Assists with complex trauma

[www.blueknot.org.au](http://www.blueknot.org.au)

### *Websites - Under 25:*

Headspace

[Headspace.org.au](http://Headspace.org.au)